



Healthy Kids Monthly

(Created Specifically for CAA's by CAA's)

Welcome and Hello Everyone!!!



Issue 1

My name is Selina Flores and I am the newest Program Officer and CAA with First 5 Tulare County working with the Healthy Kids program. I have enjoyed working with the First 5 staff and getting to know the CAA's out in the community.

I am a long time resident of Tulare County and have a son who will be attending Golden West High School next year. My previous employment was with Family Services in Visalia as a Program Manager for the "Parenting Healthy Families through Divorce Program".

You are welcome to stop by the office if you are in the area. If you're not, take a drive over to First 5 and say "hi". Please contact me if there is anything you would like to share with other CAA's because I would love to put it in the next newsletter. I look forward to working with each of you!

Selina



Healthy Kids Special Points for April 2008:

- ☺ 21- New Enrollments
- ☺ 9—Children have aged out to 6—18
- ☺ CAA's, Elizabeth Torres and Sarah Barajas Clements, submitted the most completed Healthy Kids applications for April!!!

Determining Family Size:

Who counts in the family size?

- ◆ Parents (married or unmarried)
- ◆ Spouses/stepparents
- ◆ Children (full, half and stepsiblings) under age 21
- ◆ Unborn children of any family member

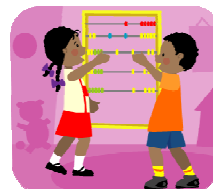


Why Is Health Insurance So Important?

Health insurance allows parents to take their child to the doctor not just when a child is very ill, but all through the child's different growth stages. It also allows parents to develop a relationship with a doctor who can provide important health and parenting advice.

Children who have health insurance are less likely to:

- Visit emergency rooms for routine healthcare
- Delay needed medical care when they are sick or injured
- Miss school
- Fall behind in school and perform below grade level



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