



# Healthy Kids Monthly

## Spread the Word...

We are enrolling children 0-5 years in our community.  
We will find the right health care program for your child.

## Healthy Kids Enrollment FAQ's

### How do I apply for Healthy Kids?

- Call 1-877-613-5437(KIDS) - A Certified Application Assistant will help you complete an application

### Who qualifies?

- Children who do not qualify for Healthy Families, full scope or no-cost Medi-Cal
- Children 0 through 5 years
- Children living in Tulare County

### How much does it cost?

- Healthy Kids premiums paid every month are \$7—\$15 per child per month with a maximum of \$45 per month
- There are no co-pays for well child visits
- \$5 co-pay for sick child visits
- \$20 co-pay for Emergency Room visits

### Does immigration status matter?

- Immigration status does not matter

### What benefits are covered?

- Medical
- Dental
- Vision

## Healthy Kids Presentation and CAA Trainings...

To schedule a presentation for staff, a parent group or others interested please contact Selina Escobar at 559-622-8650.

If you or your staff is in need of a Healthy Kids CAA training or refresher training please contact Selina Escobar at 559-622-8650.

## CAA—Healthy Kids (HK) Application Follow-Up!

- Please include, on all applications a **Mailing address**, where the family receives their mail (ex: P.O. Box) and **Home address**, where the family resides
- Confirm with parents home and message phone numbers are current and working
- Ask all HK applicants if they are planning to leave or move out of Tulare County (temporarily or permanent)
- Please provide only current income verification = prior years income taxes or check stubs from last 45 days
- Follow up with families 14-30 days after enrollment—Has the child visited the doctor, dentist, eye doctor.



## Seasonal Flu and H1N1 Flu Prevention

The single best way to prevent either flu is to get vaccinations each year. Other precautionary measures to take are:

- Wash hands often with soap and water
- Avoid touching your eyes, nose or mouth
- Try to avoid close contact with sick people

**Note: If you are sick, visit your doctor or a clinic. Visit the hospital for EMERGENCIES ONLY.**

### Where can I get flu vaccines?

It is best to go to your health care provider to obtain both the seasonal flu vaccination and the H1N1 flu vaccine.

The Public Health Department will offer mass vaccination clinics for both flu types.

More information on the Web: [www.co.tulare.ca.us](http://www.co.tulare.ca.us)

Insurance Plans Contact Info.  
Health Net—1-888-231-9473  
Delta Dental—1-877-580-1042  
VSP—1-800-877-7195

First 5 Tulare County  
3435 South Demaree, Suite A  
Visalia, Ca 93277 559-622-8650  
[www.healthykidstulare.org](http://www.healthykidstulare.org) or  
[www.healthykidstcespanol.org](http://www.healthykidstcespanol.org)

***New contact information for  
Healthy Kids 6-18 program!!!***

To inquire about children ages 6-18 already enrolled in the Healthy Kids program, please call **Rosalba Ibarra** at 559-737-4660 x 2522 or email [Ribarra@tularehhsa.org](mailto:Ribarra@tularehhsa.org)